

Homocysteine



Patient: **SAMPLE**

REPORT

DOB: April 18, 1958

Sex: M

MRN: 0001012344

Order Number: 9321234

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Route Number: A071234

Genova Diagnostics Europe

Parkgate House

356 West Barnes Lane

New Malden

Surrey KT3 6NB

Great Britain and Northern Ireland

Homocysteine				
	Inside Range	Outside Range	Reference Range	
Homocysteine		10.40	3.00-10.00 umol/L	

Commentary

Homocysteine reference range has changed from 4.72 - 10 umol/L to 3.00 - 10.00 umol/L.

Commentary is provided to the practitioner for educational purposes, and should not be interpreted as diagnostic or treatment recommendations. Diagnosis and treatment decisions are the responsibility of the practitioner.

The **homocysteine** level is ABOVE the REFERENCE range. Homocysteinemia has received abundant regard as a key independent risk factor for cardiovascular disease which is responsive to nutritional intervention. Elevated homocysteine levels result in micro-abrasive effects on the vascular endothelium, thus providing loci for other plaque-generating events to occur. Smoking and hypertension increase cardiovascular risks associated with high homocysteine.